

Psyche-Scape Perceptions

A list of some of the various senses which clients sometimes experience whilst exploring their inner worlds:

Visual Sense

- Sight
- Colour
- Depth
- Perspective
- Motion (Exterior)

Auditory

- Sense
- Sound
- Pitch
- Tone
- Volume
- Rhythm
- Sound Direction

Gustatory Sense

- Taste

Olfactory Sense

- Smell

Cutaneous Sense

- Pressure
- External Temperature
- Pain (including itch and tickle)

Kinaesthetic Sense

- Internal Temperature

- Muscular Tension
- Physical Energy (Personal Weariness, Etc.)
- Body Position
- Joint Position

Vestibular Sense

- Balance
- Gravity (of Self and other Weights / Items)
- Motion of Self

Organic Sense (Visceral)

- Organic Sensation (Including Hunger)
- Heartbeat
- Blood Circulation
- Cellular and Bacterial Position
- Saline Content of Self (Body)
- Moisture (Self)
- Endocrine States
- Level of Consciousness

Emotional/Intellectual Sense

- Personal Emotion
- Self Determinism
- Emotional State of Others
- State of Relationship (Affinity)
- Level of Communication
- Perception of Conclusions (Past and Present)
- Perception of Imagination (Past and Present)
- Awareness of Awareness
- Awareness of Not-Knowing
- Awareness of Importance and Unimportance
- Awareness of Others

Abstract Senses

- Time
 - Transition of Time
 - Timeline Motion
- Scale
 - Personal Size
 - Relative Sizes (External)
- Awareness of Location and Placement

- Objects
- Spaces
- Location Itself
- Solidity (Barriers)
- Fields/Magnetic
- Compass Direction

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