

Matthew Hudson

Resume

Matthew was David Grove's assistant during the latter part of 2007, he helped to categorise and solidify some of David's theories and processes. Self-Alignment developed out of this partnership. Matthew has since taken it through several research and development programmes to now present this refined and effective process.

Matthew's relevant qualifications and experience include:

- Author of "[The Eternal Moment of Now](#)"
- Practitioner Diploma in Hypnotherapy
- Master Practitioner of NLP (Neuro-Linguistic Programming)
- NLP Trainer qualified with NLP Northeast
- Practitioner of EFT (Emotional Freedom Techniques)
- Cisco Network Engineer

Intentions

As stated throughout this project, I have opened up the work I completed with David Grove and my own developments to the public domain.

This is to keep the material 'clean' and free of monetary and egotistical attachments. I hope those who become involved in this project do so in the same manner.

I trust that through this project, this material will grow and develop - out of this a new technology to evolve the human condition may emerge.

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