# 6 'B' Starts or 6 Versions of 'B'

## Introduction

This process involves the client creating a mission statement, and running the over-drive process on it. Then re-creating the mission statement and over-driving 5 more times.

Thus creating a 6 x 6 fractal map of the issue. Through this process the issue will undergo several transformations.

A transcript of the process is also available for a detailed analysis.

## The Formula

1. Clean Setup
2. Over-Drive B (with Upload)
3. Download A
4. Upload A onto B (once)
5. Meta-Drive B
6. Meta-Drive A
7. Run 2, 3, 4, 5 and 6 five more times (using a new sheet of paper each time)
8. Overdrive A (with Upload)
9. Download A
10. Upload A
11. Contrast and Compare

This may seem a little convoluted at first, however it is really simple, read through the transcript for the specific questions (note that in this transcript I was over-driving A not B).

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