19/04/2024 04:01 1/3 Meta-Driving

Meta-Driving

What is Meta-Driving?

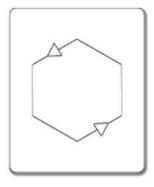


Figure 24

It is an instruction from the facilitator that moves the client's attention, usually spatially.

The instruction is simply: "Move to another space." or variations on this.

Purpose

To shift the client's locus of attention and therefore create separate nodes in their network.

Here we will be investigating Spatial Meta-Drivers, however there are many other Meta-Drivers that have been investigated, and we're sure there are many more yet to be imagined, see more meta-drivers on the future of Emergent Knowledge.

During this section we will mainly be looking at moving the client (A) through six spaces, however we could also do this with:

- Six directions
- Six heights
- Six angles
- Six distances

Or a mix of them all, it may seem at this point a little odd to shift the clients' angle, but this becomes very apparent when working with a client on a tilt-board or even better a gyro-scope or the Holigral Ark Angle. We could also direct these instructions at (B) the mission statement.

Methodology

Example Questions to A

The First Space

- "Find a space in the room."
- "Find a space you can be in, in relation to that."
- "Find a space you would like to be in, in relation to that."
- "Position yourself where you need to be in relation to that."

The Subsequent Spaces

- "Find another space in the room."
- "Move to another space ..." Etc.
- "Keep moving until you find the right space."

Example Questions to B

The First Space

- "Find a space in the room where that can go."
- "Position that where it needs to be."

The Subsequent Spaces

- "Is there another space that could go?"
- "Do you want to change the position of that?"
- "Now where does that go, in respect to everything else?"

Notice that alterations to the position of B are done through choice here. We could also instruct A to change where B resides.

- "Move that to another space."
- "Change the position of that."

See The Future of Emergent Knowledge for other ways in changing B's position.

Related Processes

- The Clean Start
- Over-Driving
- Uploading
- Downloading
- The Basic Formula

From:

http://www.self-alignment.com/docuwiki/ - Emergent Knowledge

Permanent link:

http://www.self-alignment.com/docuwiki/doku.php?id=techniques:the_basics:meta_drive

Last update: **05/04/2018 16:06**

